



Co-funded by
the European Union

This project has been funded with support from the European Commission. This learning playlist reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Image Generation with Leonardo.ai

You can create a free account at <https://leonardo.ai>.

Leonardo is a creative AI platform specialised in **photo-realistic image generation** and **style-based visual design**. It allows you to build your own training visuals, cards, posters, and illustrations for educational use.

Step-by-Step Instructions

1. Log in to Leonardo.ai.

Choose “Create New Canvas” or “Image Generation.”

2. Write your prompt clearly.

Describe what you want the AI to create, including *style, setting, lighting, and purpose*.

Example: “Photo-realistic group of diverse youth trainers collaborating on a workshop in a bright learning space, cinematic lighting, 8K detail.”

3. Select style and model.

- Choose from *Realistic Vision*, *DreamShaper*, or *Leonardo Diffusion* for different looks.
- Adjust the **aspect ratio** depending on your use (e.g., 16:9 for slides, 1:1 for social media).

4. Refine your image.

- Use “Prompt Magic” to improve prompt results.
- Apply *Upscale* for higher resolution.
- Use *Remove Background* or *Inpainting* to edit details.

5. Experiment with variations.

- Click “Generate Variations” to explore different styles from the same prompt.
- Try “Texture Generation” or “Pattern Creation” for backgrounds or templates.

6. Download your final image as PNG/JPG and save it for your reflection or badge evidence.

Short reflection:

- What was your prompt?
- How could this image be useful in your training?



Co-funded by
the European Union

This project has been funded with support from the European Commission. This learning playlist reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Text to Voice with ElevenLabs

Go to <https://elevenlabs.io>

- Choose “Creative Platform” on the top left
- Choose **Text to Speech** on the left side menu
- Then on the right side choose settings. If you choose Eleven Multilingual v2, you can try generating something in your language.
- Use the middle part of the screen to write text. **Up to 100 Words** (we have limited amount of Tokens, we need to make it's enough for all participants)
 - You can use your article or you can ask ChatGPT/Gemini/etc. to write a brief engaging text for an audio voice-over about your upcoming training.
- Then choose what **voice** should be used and generate it.
- Choose **speed, stability** (go for most stable), **similarity** (choose average)
Click Generate speech and wait for the magic to happen.
- Download the audio to your laptop.



Co-funded by
the European Union

This project has been funded with support from the European Commission. This learning playlist reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Text to Video with HeyGen

Go to <https://app.heygen.com> and choose 'Login' with email

Heygen is a tool that can create your own virtual avatar; create videos just from your prompt; create Virtual Avatar based video (talking person style); and much more!

We will try a function to create an **Avatar-based (educational) video**.

- Click on "Get Started" on the right side of the screen.
- Choose "Create an Avatar IV Video"
- On the left side, choose a photo of you (ideally half of your body with hands visible) or choose from photos down below. NB! Do not use photos of other people if they did not give you consent!
- Then write a script or Upload Audio, generated by Eleven Labs
 - OR you can upload or write a short script yourself
 - OR use Text-generating AI like ChatGPT or Mistral to create you a short script (you can mention that script is for Heygen tool)
- Choose options below:
- Motion generation mode: Choose "Faster"
- Choose "Expressiveness" (any option you wish)
- Custom motion: choose options provided or describe how much movement there should be (hands, head, body, smile, etc)
- Click "Generate Video"

Now wait for the result (meanwhile you can try another tool with the same Script)

EXTRA MISSION. Invideo.AI

If you have time, you can experiment with the "Text-to-Video" function with [Invideo.ai](https://invideo.ai) which will search stock videos for you based on your prompt, and combine them into one flow with music, voice over.

It gives mixed results, but can be a really great way to use fast media production with your participants in a training context.

You can experiment with **other tools like:**

Runway ML <https://runwayml.com> (short video creation)

[Synthesia.io](https://synthesia.io) (similar to Heygen)



Co-funded by
the European Union

This project has been funded with support from the European Commission. This learning playlist reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Design Creation with Canva AI & Magic Studio

You can use **Canva AI** with your free or Pro account.

Go to <https://www.canva.com/ai> or open *Magic Studio* from your Canva dashboard.

Canva's **AI-powered tools** help trainers create **visual learning materials, posters, slides, and social media designs** faster and with more creativity.

This practice focuses on how to use AI for **design composition**, not just image generation.

Step-by-Step Instructions

1. Open Canva Magic Studio.

From your Canva homepage, select **Magic Studio** → “Start creating.”

You can also open any template (Poster, Presentation, Social Media Post) and explore AI options in the left sidebar.

2. Choose a Design Type.

Select what you want to create — for example:

- *Training Poster*
- *Social Media Visual*
- *Workshop Slide Cover*
- *Youth Project Infographic*

3. Use Magic Media for Visual Elements.

Click on **Apps** → **Magic Media** → **Text to Image**.

Write a detailed prompt describing the visual style you want for your design.

Example: “Illustration of young trainers working together in a bright creative learning room, modern flat design style.”

Canva will generate 4 options. Choose one or regenerate until satisfied.

4. Design Layout with AI Assistance.

- Use **Magic Switch** to change format (e.g., Poster → Presentation → Instagram Post).
- Use **Magic Resize** to instantly adapt your design to multiple platforms.
- Use **Styles & Fonts** to apply color and font palettes that match your training or brand identity.

5. Add Text and Structure.

- Click on **Magic Write** → ask Canva to generate short text for your design (titles, slogans, or learning messages).
- Use the AI text suggestions but make sure to **edit them to reflect your own training tone and values**.

6. Enhance and Animate.



**Co-funded by
the European Union**

This project has been funded with support from the European Commission. This learning playlist reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



- Try **Magic Animate** to make your design move dynamically.
- Add icons or shapes suggested by AI search.
- Adjust color harmony, balance, and readability for training contexts.

7. Export or Present.

- Download your design as PNG/JPG or animated MP4.
- Save your Canva link to share it as badge evidence or use it in your future training materials.

Short reflection:

1. What type of design did you create?
2. Which AI features helped you the most?
3. How could this design be used in your training work?